

Hosted by Appalachian State Track and Field  
Linville, NC - Thursday 07/08/04

## COMPLETE RESULTS - ALL ROUNDS

## Men &amp; Women 5 Mile Run

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
=====	=====	=====	=====	=====
1	Elder, Chris	M22	Cary, NC	31:59.2
2	Blackwelder, Carson	M	Boone, NC	31:59.7
3	Swann, Devin	M23	Raleigh, NC	32:19.6
4	Austin, Shane	M27	Boone, NC	32:23.0
5	Tumbleston, John	M20	Boone, NC	33:31.1
6	Halin, Joe	M22	Boone, NC	34:40.3
7	Dumke, Chuck	M37	Boone, NC	34:55.6
8	McKee, Zack	M16	Morganton, NC	34:58.6
9	Lundblad, Mark	M35	Asheville, NC	35:04.9
10	Mitcheltree, Andy	M26	Greensboro, NC	35:15.3
11	Cornwell, Joseph	M27	Taylorsville, NC	35:23.6
12	Bryant, Jason	M31	Elkin, NC	35:39.1
13	Francisco	M18	Spruce Pine, NC	35:41.6
14	Bowman, Aaron	M28	McLeansville, NC	36:03.4
15	Smith, Nathaniel	M16	Banner Elk, NC	36:17.4
16	Van Cleve, Rob	M37	Reno, NV	36:26.5
17	Briscoe, Joe	M43	Clemmons, NC	36:30.0
18	Sunseri, Nick	M18	Raleigh, NC	36:39.5
19	Eckard, Chase	M17	Granite Falls, NC	36:41.7
20	Miller, Donald	M40	Lexington, NC	36:45.1
21	Jackson, Rodney	M38	Boone, NC	37:06.6
22	Lindsey, Adam	M19	Reidsville, NC	37:30.7
23	Hollis, Zach	M25	Winston-Salem, NC	37:40.8
24	Chavis, Chris	M23	Boone, NC	37:45.3
25	Castillo, Cecilio	M25	Lenoir, NC	37:47.0
26	Ebeling, Scott	M34	Ann Arbor, MI	37:50.9
27	Wallace, Leigh	W34	Todd, NC	37:56.2
28	McPhail, Craig	M33	Banner Elk, NC	38:07.5
29	Greene, Tim	M41	Boone, NC	38:12.1
30	Laughridge, Todd	M19	Marion, NC	38:14.6
31	Kistner, Brian	M33	Florence, SC	38:35.0
32	Odell, Art	M35	Brevard, NC	38:39.4
33	Swisher, Curtis	M33	Kernersville, NC	38:47.3
34	Bloemeke, Stephen	M16	Raleigh, NC	38:56.6
35	Blackford, Henry	M21	Todd, NC	39:07.8
36	Gignac, John	M18	Kernersville, NC	39:09.6
37	Utter, Alan	M37	Boone, NC	39:16.9
38	Mason, John	M18	Boone, NC	39:17.4
39	Jeffreys, Tim	M16	Newton, NC	39:21.0
40	Nunn, Molly	W20	Pfafftown, NC	39:26.4
41	Hondragon, Eliseo	M18	Spruce Pine, NC	39:30.8
42	Wilson, Kurt	M25	Candler, NC	39:45.7
43	Lawing, Martin	M27	Morganton, NC	39:50.7
44	Frye, David	M34	Boone, NC	40:02.9
45	Classey, Jeff	M38	Denver, NC	40:10.0
46	Dodson, Ethan	M21	Boone, NC	40:10.8

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## Men &amp; Women 5 Mile Run (Continued)

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PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
=====	=====	=====	=====	=====
47	Sherrill, Don	M47	Boone, NC	40:13.0
48	Patrick, Betsy	W26	Boone, NC	40:14.6
49	Pierce, Seth	M22	Vilas, NC	40:22.5
50	Smith, Matthew	M18	Boone, NC	40:25.9
51	Jenkins, Jason	M28	Kingsport, TN	40:27.4
52	Repko, Steve	M41	Lake Lure, NC	41:04.3
53	Wray, Tim	M44	Reidsville, NC	41:10.0
54	Reinhardt, Derek	M27	Morganton, NC	41:14.2
55	Hubbard, Ted	M42	Tryon, NC	41:16.0
56	Cacciola, Aran	M31	Blowing Rock, NC	41:17.0
57	Sujkowski, Katie	W22	Boone, NC	41:18.2
58	Xiong, John	M16	Albemarle, NC	41:19.5
59	Backer, Byron	M39	Greenville, SC	41:21.0
60	McGraw, Tom	M38	Banner Elk, NC	41:25.3
61	Bowles, Laura	W22	Boone, NC	41:26.0
62	Rostan, Mark	M34	Valdese, NC	41:30.0
63	Purdum, Hunter	M32	Greensboro, NC	41:45.0
64	Moore, Dean	M34	Marion, NC	42:05.1
65	Lucas, Dusty	M23	Reidsville, NC	42:07.7
66	Wilson, Brian	M43	St. Augustine, FL	42:20.0
67	Scoggins, Scott	M35	Morganton, NC	42:23.0
68	Coonse, Brandon	M29	Atlanta, GA	42:33.1
69	Kayatin, Mike	M37	Massillon, OH	42:44.5
70	Ellington, Ronnie	M30	Ruffin, NC	42:50.0
71	Anderson, David James	M24	Boone, NC	43:04.0
72	Cowart, Chris	M36	Charlotte, NC	43:13.1
73	Irvin, Ehrin	W22	Boone, NC	43:30.6
74	Cornwell, Rick	M45	Gastonia, NC	43:43.1
75	Langley, Katie	W24	Boone, NC	43:45.2
76	Hoiland, Wade	M47	Elon, NC	44:07.9
77	Griffin, Zach	M16	Granite Falls, NC	44:13.6
78	Shields, Dylan	M18	Vilas, NC	44:25.2
79	Bayles, Chuck	M57	Marathon, FL	44:27.1
80	Pickard, Renee'	W45	Moravian Falls, NC	44:30.5
81	Trexler, Kristen	W20	Boone, NC	44:39.6
82	Grasinger, Dave	M41	N. Canton, OH	44:40.3
83	Osborne, Mike	M47	Boone, NC	44:41.0
84	Bednosky, Annette	W37	Boone, NC	44:41.7
85	Gallimore, Kim	W48	High Point, NC	44:47.4
86	Kiziah, Gregory	M49	Banner Elk, NC	44:49.5
87	Crotts, Jim	M26	Millers Creek, NC	44:54.1
88	Barry, Ryan Scott	M20	Greensboro, NC	44:55.3
89	Knight, David	M36	Boone, NC	45:01.0
90	Morrison, Scott	M30	Boone, NC	45:08.0
91	Holman, Matthew	M16	Hudson, NC	45:09.9
92	Fuller, Dylan	M17	Deep Gap, NC	45:11.1

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## Men &amp; Women 5 Mile Run (Continued)

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PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
=====	=====	=====	=====	=====
93	Estes, Chris	M30	Blowing Rock, NC	45:16.0
94	Ellerbe, Bob	M55	Boone, NC	45:18.7
95	Christiansen, Bobby	M46	Greensboro, NC	45:24.4
96	Proctor, Austin	M17	Lake Lure, NC	45:45.1
97	Davis, Jonathan	M25	Asheboro, NC	45:51.0
98	Peters, Allison	W24	Kernersville, NC	45:53.5
99	Julian, Doug	M38	Eden, NC	45:53.9
100	Vinoski, Garrett	M16	Springfield, VA	45:55.3
101	Sugimoto, Tai	M59	Charleston, SC	45:56.6
102	Stiller, Tony	M35	Raleigh, NC	45:58.6
103	Doran, Gene	M52	Kingsport, TN	46:04.8
104	Wardzinski, Paul	M49	Morganton, NC	46:06.7
105	Braun, Cory	M17	Morganton, NC	46:14.7
106	Frye, Beth	W35	Boone, NC	46:21.8
107	Holler, Edwin	M45	Morganton, NC	46:23.6
108	Rapp, David M.	M56	Linville, NC	46:24.5
109	Caldwell, Thad	M17	Candler, NC	46:25.6
110	Thompson, Frank	M39	Charlotte, NC	46:34.0
111	Fuller, Patrick	M16	Deep Gap, NC	46:41.9
112	Greene, Maritza	W40	Boone, NC	46:46.0
113	Johnson, Markie	M57	Conover, NC	46:49.0
114	Reese, Steve	M32	Hickory, NC	46:54.0
115	Brown, Tyler	M16	Granite Falls, NC	46:55.4
116	Kuehnert, G. Lawson	M13	Morganton, NC	46:58.6
117	Moyer, Dean	M42	Banner Elk, NC	47:04.3
118	Blackford, Doug	M57	Todd, NC	47:10.7
119	Buchanan, Nathan	M18	Morganton, NC	47:12.7
120	Brown, Mike	M38	Elon, NC	47:14.3
121	Schell, John	M46	Boone, NC	47:15.6
122	Selman, John	M41	Signal Mountain, TN	47:20.4
123	Dixon, Zach	M	Purlear, NC	47:28.1
124	Huntley, Greg	M41	Morganton, NC	47:29.6
125	Stinson, Mark	M31	Rutherford College, NC	47:31.2
126	Xiong, Casey	M21	Albemarle, NC	47:32.3
127	Siers, Chris	M16	Granite Falls, NC	47:37.0
128	Nutter, Jonathan	M21	Tullahoma, TN	47:37.6
129	McKee, Erin	W19	Morganton, NC	47:41.2
130	Poston, David	M49	Gastonia, NC	47:42.8
131	Sherman, Garry	M54	Asheville, NC	47:48.2
132	Canrobert, Mark	M47	Conover, NC	47:48.9
133	Harmon, Leon	M54	Lincolnton, NC	47:51.5
134	Gray, Rick	M43	Johnson City, TN	47:52.3
135	Foutz, Richard	M48	Boone, NC	47:58.7
136	Dziewulsa, Robert	M23	Blowing Rock, NC	47:59.3
137	Watson, Steve	M44	Asheville, NC	47:59.8
138	Townsend, J. Scott	M32	Blowing Rock, NC	48:06.7

COMPLETE RESULTS - ALL ROUNDS

Men & Women 5 Mile Run (Continued)

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
139	Burak, Daniel	M40	Raleigh, NC	48:07.4
140	Gambrell, Josh	M16	Hudson, NC	48:08.4
141	Dacus, Robert	M39	Lenoir, NC	48:10.1
142	Cook, Amanda	W23	Banner Elk, NC	48:10.9
143	Masonis, Lynne	W34	Charlotte, NC	48:11.6
144	Irvin, Mike	M57	Morganton, NC	48:15.3
145	Harrill, Joseph	M16	Reidsville, NC	48:17.6
146	Bennett, Steve	M50	Rural Hall, NC	48:20.7
147	Klotz, Dan	M36	Bronx, NY	48:25.1
148	Miller, Mark Jordan	M22	Statesville, NC	48:27.3
149	Fitch, Bill	M59	Blowing Rock, NC	48:28.8
150	Baughman, Kinney	M51	Vilas, NC	48:31.1
151	Starnes, George	M	Columbia, SC	48:31.9
152	Lee, Rhonda	W38	Morganton, NC	48:37.0
153	Baldwin, Cliff	M43	Boone, NC	48:39.0
154	Sherman, Hillary	W24	Asheville, NC	48:40.2
155	Wood, Don	M40	Boone, NC	48:45.8
156	Ryan, Patrick	M34	Charlotte, NC	48:47.4
157	Owensby, George	M51	Asheville, NC	48:50.1
158	Middlebrook, John	M43	Boone, NC	48:51.5
159	Edens, Earl	M47	Kingsport, TN	48:59.8
160	Bowman, Joshua	M19	Taylorsville, NC	49:02.2
161	Cook, Anthony	M49	Reidsville, NC	49:03.4
162	Hill, Ken	M35	Randleman, NC	49:06.6
163	Anagnos, Damon	M42	Boone, NC	49:08.7
164	Fossett, Tim	M39	Morganton, NC	49:09.4
165	Mason, Andrew	M49	Boone, NC	49:13.4
166	Hinshaw, Dawn	W36	Charlotte, NC	49:14.5
167	Strom, Joshua	M22	Morganton, NC	49:21.2
168	Phelps, Jennifer	W27	Asheville, NC	49:24.2
169	McKay, T.G.	M42	Lenoir, NC	49:26.4
170	Vassallo, Adrian	M33	Boone, NC	49:28.6
171	Pelz, Katie	W24	Kingsport, TN	49:29.3
172	Carswell, Andrew	M	Granite Falls, NC	49:30.6
173	Houser, Timothy	M	Hickory, NC	49:32.2
174	Jones, Bryan	M31	Morganton, NC	49:32.8
175	Odell, Lydia	W35	Brevard, NC	49:33.3
176	George, David	M36	Galax, VA	49:33.8
177	Anderson, Joel	M13	Shelby, NC	49:34.3
178	Hopkins, John David	M25	Hudson, NC	49:34.9
179	Wilson, Chelsey	W19	Candler, NC	49:36.4
180	Condado, Joshua	M12	Jonas Ridge, NC	49:37.2
181	Thomas, William	M30	Morganton, NC	49:37.9
182	Crandall, Michelle	W17	Southern Pines, NC	49:39.6
183	Matthew, Adam	M29	Pinehurst, NC	49:40.1
184	Hughes, Joe B.	M41	Rutherfordton, NC	49:50.8

## COMPLETE RESULTS - ALL ROUNDS

## Men &amp; Women 5 Mile Run (Continued)

## Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
=====	=====	=====	=====	=====
185	White, Mike	M49	Lenior, NC	49:54.1
186	Hutchinson, Dennis	M32	Winston-Salem, NC	50:00.5
187	Jesel, Eugene	M42	Blowing Rock, NC	50:15.2
188	Layton, Rebecca	W26	High Point, NC	50:19.8
189	King, David	M58	Fleetwood, NC	50:22.3
190	Mosher, Matt	M44	Boone, NC	50:23.4
191	Finger, Becky	W40	Trion, GA	50:24.9
192	Gelly, Bubba	M56	Winston-Salem, NC	50:25.5
193	Krause, Sean	M30	Boone, NC	50:27.9
194	Rasenberger, Kerry	W38	Charlotte, NC	50:29.7
195	Light, Martin	M40	Taylorsville, NC	50:37.6
196	Rennecker, Chip	M36	Canton, OH	50:43.3
197	Dunn, Art	M50	Morganton, NC	50:44.2
198	Mauney, Danny	M47	Boone, NC	50:48.3
199	Hallinan, Michael	M38	Boone, NC	50:51.8
200	Horton, Steve	M44	Morganton, NC	50:52.8
201	Brendle, Rick	M46	Valdese, NC	50:53.7
202	Flanigan, Bob	M51	Boone, NC	50:59.4
203	Carpenter, Jon	M25	Boone, NC	51:00.5
204	Bowman, Sarah	W14	Taylorsville, NC	51:05.6
205	Matherly, John	M35	Fort Mill, NC	51:11.5
206	Ashby, Sandee	W55	Boone, NC	51:14.2
207	Mantooth, Chuck	M36	Boone, NC	51:15.1
208	Scarlata, John	M54	Valle Crucis, NC	51:19.7
209	Ragsdale, Barry	M45	Lenoir, NC	51:24.4
210	Kee, Brad	M29	Fletcher, NC	51:28.3
211	Teague, Ryan	M26	Asheville, NC	51:28.6
212	Backer, Irene	W39	Greenville, SC	51:29.1
213	Phillippe, Ray E.	M16	Alpena, AR	51:38.8
214	Berlowitz, Paul	M45	Glen Gardner, NJ	51:39.4
215	Nunn, Aubrey	W52	Pfafftown, NC	51:42.0
216	Wartner, Daniella	W18	Hickory, NC	51:43.7
217	Hatcher, Trey	M49	Morganton, NC	51:45.7
218	Wintrode, Warren	M40	Aiken, SC	51:52.7
219	Kolz, Jeffrey	M49	Newton, NC	51:53.1
220	Hickman, Clarence	M52	Boone, NC	51:55.0
221	Herman, Thomas	M40	Hickory, NC	51:56.0
222	Mason, Lynne	W46	Boone, NC	51:57.0
223	Hearn, Brad	M34	Hickory, NC	51:57.9
224	Bumgarner, Mitchell	M32	Maiden, NC	52:01.7
225	Byers, Andy	M34	Valdese, NC	52:08.4
226	Digh, John	M36	Lincolnton, NC	52:11.0
227	Walden, Karl	M42	Morganton, NC	52:12.1
228	Billings, Aaron	M21	Boone, NC	52:13.7
229	Crandall, Rob	M38	Boone, NC	52:21.4
230	Jones, Robert	M46	Banner Elk, NC	52:26.1

COMPLETE RESULTS - ALL ROUNDS

Men & Women 5 Mile Run (Continued)

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
231	Martz, Denise	W37	Vilas, NC	52:29.2
232	Morris, Graham	M23	Boone, NC	52:30.5
233	Giometti, Jon	M36	Hickory, NC	52:31.5
234	Martin, Bud	M42	Boone, NC	52:32.3
235	Ferraro, Mike	M35	Valdese, NC	52:35.5
236	Boney, Dan	M47	Mountain City, TN	52:37.3
237	Moore, Gene	M45	Boone, NC	52:38.4
238	Ervin, Greg	M56	Jackson, OH	52:42.8
239	Hatley, Michael	M37	Valdese, NC	52:46.1
240	Townsend, Jeff	M34	Lilburn, GA	52:50.1
241	Whitt, Randy	M57	Charlotte, NC	52:51.2
242	Williams, Falina	W23	Durham, NC	52:52.3
243	Gonzalez, Michael	M33	Morganton, NC	52:54.3
244	Outland, Adam	M18	Boone, NC	52:54.6
245	McAulay, Dan	M29	Albemarle, NC	52:55.2
246	Ebaugh, Michael	M35	Blowing Rock, NC	52:59.4
247	Holman, Mason	M14	Hudson, NC	53:00.8
248	McKee, Jerry	M45	Morganton, NC	53:01.2
249	Kuehnert, Hannah	W14	Morganton, NC	53:02.1
250	Ahn, Ashley	W32	Banner Elk, NC	53:02.6
251	Dallas, George	M43	Hickory, NC	53:09.8
252	Rainville, Gerard	M35	Silver Spring, MD	53:12.8
253	Hawkinson, Grey	M18	Boone, NC	53:14.0
254	Campbell, Gary	M29	Blowing Rock, NC	53:16.5
255	Owensby, Richard	M47	Morganton, NC	53:23.6
256	McKay, Johann	M50	Candler, NC	53:25.8
257	Karaus, Ray	M51	Banner Elk, NC	53:26.6
258	Owensby, Shara	W47	Morganton, NC	53:32.9
259	Copley, Kristy	W27	Seven Devils, NC	53:40.1
260	Brady, Lisa	W40	Boone, NC	53:44.5
261	Barnes, Mary	W39	Taylorsville, NC	53:52.3
262	Gentry, Frank	M43	Hickory, NC	53:55.0
263	Crissman, Mark	M52	Burlington, NC	53:56.2
264	Fann, Aaron	M17	Granite Falls, NC	53:58.0
265	Alex, Chris	M27	Hickory, NC	53:58.7
266	Clawson, Lincoln	M38	Lenoir, NC	54:01.5
267	Hiatt, Russel	M30	Boone, NC	54:02.2
268	Hawkins, Mark	M41	Hickory, NC	54:04.0
269	Williamson, Eric	M31	Reidsville, NC	54:07.2
270	Jones, Marley	M36	Hillsville, VA	54:08.5
271	Maner, Betsie	W39	Charlotte, NC	54:09.7
272	Huskins, Brian	M31	Banner Elk, NC	54:12.0
273	Cutler, Martha	W55	Todd, NC	54:12.6
274	Vance, Jason	M27	Linville, NC	54:18.1
275	Myers, Burt	M43	Boone, NC	54:20.3
276	Langhi, Ellen	W37	Chapel Hill, NC	54:22.1

## Men &amp; Women 5 Mile Run (Continued)

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
277	Henson, Jim	M59	Sugar Grove, NC	54:23.8
278	Frye, Nancy	W43	Newland, NC	54:25.2
279	Nicklawn, David	M35	Boone, NC	54:26.4
280	Lovvorn, Yvonne	W38	Sugar Grove, NC	54:27.1
281	Byerly, Stephen	M54	Boone, NC	54:28.3
282	Jew, Mark	M33	Hickory, NC	54:29.9
283	Hanson, Mary	W44	Birmingham, AL	54:31.7
284	Stephens, James	M32	Charlotte, NC	54:32.3
285	Powers, Teresa	W42	Boone, NC	54:35.7
286	Carmen, Patti	W38	Boone, NC	54:36.1
287	Ambler, Holly	W34	Boone, NC	54:40.8
288	Wilson, Bob	M52	Vilas, NC	54:44.8
289	Starnes, Lee	M44	Granite Falls, NC	54:47.0
290	Thompson, Kristofer	M25	Asheville, NC	54:48.1
291	Rhyne, Jennie	W45	Lincolnton, NC	54:51.5
292	Hales, Barry	M42	Wilmington, NC	54:52.4
293	Monte, Sarah	W29	Hampden, MA	54:53.7
294	Creed, Joyce	W40	Vilas, NC	54:56.5
295	Willems, Todd	M26	Charlotte, NC	54:57.6
296	Rothrock, Kevin	M32	Vilas, NC	55:00.3
297	McCall, Mike	M46	Hudson, NC	55:00.9
298	Bumgarner, Jessica	W23	Asheville, NC	55:03.2
299	Squier Iii, William	M61	Raleigh, NC	55:04.7
300	Clawson, Steve	M37	Plumtree, NC	55:05.7
301	Lockwood, Mark	M37	Boone, NC	55:06.3
302	Gibson, Shawn	M33	Ft. Lee, VA	55:08.4
303	McDonough, Thomas	M13	Boone, NC	55:12.5
304	Frye, Jim	M43	Newland, NC	55:17.2
305	Horton, Ron	M53	Charlotte, NC	55:20.5
306	Irizarry, Luis	M31	Lenoir, NC	55:20.9
307	Stein, Bud	M51	Johnson City, TN	55:21.9
308	Smith, Benjamin	M14	Stow, OH	55:23.0
309	Fleming, Steve	M50	Boone, NC	55:25.6
310	Gurley, Allen	M53	Marion, NC	55:30.9
311	Condado, Carlos	M39	Jonas Ridge, NC	55:31.8
312	Dixon, Seth	M14	Purlear, NC	55:32.4
313	Hall, David	M50	Lenoir, NC	55:37.4
314	O'Brien, Eric	M33	Charlotte, NC	55:38.0
315	Smith, Mary	W11	Banner Elk, NC	55:40.7
316	Mosher, Mac	M12	Boone, NC	55:41.6
317	Gonzalez, Simon	M44	Boone, NC	55:47.4
318	Deegan, Stephen	M53	Lexington, NC	55:49.2
319	Middlebrook, Tammy	W39	Boone, NC	55:50.2
320	McIlwain, Luke	M25	Boone, NC	55:51.5
321	Gurganus, Cecil	M53	Todd, NC	55:53.1
322	Lamberth, Ron	M47	Charlotte, NC	55:54.2

## Men &amp; Women 5 Mile Run (Continued)

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
323	Thackwray, Donna	W45	Morganton, NC	55:57.8
324	Murray, John	M56	Boone, NC	55:59.0
325	Czura, Elle	W13	Hilton Head Island, SC	56:03.2
326	Blacken, Renee	W21	Ithaca, NY	56:04.7
327	Brigham, Grant	M21	Birmingham, AL	56:06.2
328	Mayhew, Kelly	W22	Boone, NC	56:06.7
329	Taylor, Elena	W44	Boone, NC	56:07.3
330	Mahoney, JoLynn	W40	Boone, NC	56:08.5
331	Thompson, Joel	M53	Boone, NC	56:09.4
332	Sandifer, Ginny	W33	Taylorsville, NC	56:13.1
333	Cook, Leslie	W43	Boone, NC	56:14.1
334	Chenausky, Brad	M29	Linville, NC	56:14.5
335	Messenkopf, Julie	W38	Boone, NC	56:16.8
336	Lacey, Michael	M53	Newland, NC	56:18.9
337	Czura, Lane	W11	Hilton Head Island, SC	56:19.3
338	Bush, John	M38	Kingsport, TN	56:23.2
339	Sprague, Diane	W40	Boone, NC	56:26.7
340	Hays, Rick	M45	Vilas, NC	56:29.9
341	Stapanowich, Peter	M46	Asheville, NC	56:32.7
342	Wright, Andy	M50	Waxhaw, NC	56:33.4
343	Russell, Ray	M47	Boone, NC	56:34.9
344	Vinoski, Timothy	M44	Springfield, VA	56:36.4
345	Powers, Allen	M42	Boone, NC	56:41.5
346	Albright, Gavin Pike	M18	Siler City, NC	56:46.0
347	Ende, John	M39	Marion, NC	56:56.2
348	Malady, David	M35	Monroe, NC	56:56.9
349	Czura, Gwen	W43	Hilton Head Island, SC	56:57.7
350	Smith, Stephen	M67	Temple Terrace, FL	57:14.5
351	Xiong, Don	M17	Albemarle, NC	57:15.5
352	Sherrill, Kim	W48	Boone, NC	57:16.0
353	Harrill, David	M48	Reidsville, NC	57:18.2
354	Jones, Loren	M61	Jacksonville, NC	57:20.7
355	Hauser, Mark	M52	Burlington, NC	57:28.3
356	Dunn, Allison	W18	Morganton, NC	57:31.5
357	Marshall, Oholibah	W22	Boone, NC	57:32.4
358	Maher, Meg	W39	Bronx, NY	57:35.8
359	Wilhelm, Corey	M26	Charlotte, NC	57:37.6
360	Tebeau, Rik	M43	Wake Forest, NC	57:38.2
361	Julian, Jason	M32	Eden, NC	57:39.0
362	Davis, Kelley	W33	Black Mountain, NC	57:41.4
363	King, Laura	W33	Butler, TN	57:44.8
364	Mauney, Suzette	W38	Boone, NC	57:49.9
365	Hall, Barry	M48	Boone, NC	57:54.2
366	Cruden, Thomas	M56	Lenoir, NC	57:55.4
367	Hatcher, Phil	M44	Wilmington, NC	57:56.4
368	Byrd, Carol	W46	Bakersville, NC	57:57.8

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 Linville, NC - Thursday 07/08/04

COMPLETE RESULTS - ALL ROUNDS



## Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
369	Fishback, Ben	M47	Canton, NC	58:00.1
370	Link, Teresa	W46	Lincolnton, NC	58:02.4
371	Marsh, Ed	M57	Charlotte, NC	58:09.1
372	Plemmons, Chris	M33	Valdese, NC	58:10.0
373	Schowalter, Tim	M27	Hickory, NC	58:10.9
374	Hayes, Humphrey	M45	Zionville, NC	58:12.0
375	Roghelia, Jason	M31	Greensboro, NC	58:16.3
376	Rose, Randy	M24	Newland, NC	58:18.8
377	Lewis, Frank	M54	Lenoir, NC	58:24.1
378	Williams, Brian	M30	Hickory, NC	58:26.0
379	Benton, Ashley	W21	Blowing Rock, NC	58:27.4
380	Henley, Steve	M47	Linville, NC	58:33.2
381	McLaughlin, Mike	M34	Huntersville, NC	58:33.9
382	Shepard, Teresa	W47	Condor, NC	58:34.6
383	Phillips, Bob	M47	Raleigh, NC	58:35.3
384	Greenlee, Angela	W39	Albemarle, NC	58:36.9
385	Greenlee, Robert	M39	Albemarle, NC	58:37.5
386	Starnes, Bethany	W15	Granite Falls, NC	58:38.7
387	Watson, Billy	M50	Columbia, SC	58:39.2
388	Watson, Clark	M37	Columbia, SC	58:41.2
389	Shelley, Cecilia	W44	Miami, FL	58:45.0
390	Fogleman, Adam	M13	Aberdeen, NC	58:54.6
391	Tumulak, Frederic	M33	Lilburn, GA	58:57.2
392	Byers, Scott	M36	Valdese, NC	58:59.5
393	Hicks, Michael Ray	M38	Banner Elk, NC	59:00.3
394	Pardee, Lisa	W43	North Wilkesboro, NC	59:02.3
395	Cherry, Jr, Robert	M58	Boone, NC	59:04.4
396	Young, Jennifer	W35	Charlotte, NC	59:15.8
397	McGowan, John	M40	Johnson City, TN	59:25.6
398	Mueller, Rhonda	W46	Boone, NC	59:27.8
399	Diehl, Nancy	W34	Charleston, SC	59:30.4
400	Deal, Carl	M40	Lenior, NC	59:30.9
401	Alex, Vikki	W28	Hickory, NC	59:31.8
402	Shelton, Julie	W26	Boone, NC	59:33.0
403	Rananto, Christy	W29	Morganton, NC	59:35.8
404	Bailey, Tamara	W42	Boone, NC	59:38.6
405	Newell, John	M46	Blowing Rock, NC	59:41.3
406	Amos, Tim	M50	Reidsville, NC	59:41.6
407	Pietan, Mark Walfred	M28	Boone, NC	59:42.2
408	Kenworthy, Cole	M18	Hickory, NC	59:42.5
409	Bateman, Randy	M54	Longwood, FL	59:43.2
410	Holladay, Brian	M23	Knoxville, TN	59:47.8
411	Thomas, Lew	M23	Boone, NC	59:50.8
412	Westveer, Nicholas	M27	Greensboro, NC	59:51.1
413	Warren, Bliss	W40	Boone, NC	59:52.8
414	McCulloch, James	M37	Springfield, MO	59:57.2

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COMPLETE RESULTS - ALL ROUNDS

Men &amp; Women 5 Mile Run (Continued)

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
415	Johnson, Titus	M42	Boone, NC	1:00:00.4
416	Hayes, Sherri	W40	Zionville, NC	1:00:06.9
417	Allen, Everett	M62	Gastonia, NC	1:00:12.0
418	Littlejohn, C. Merrill	M47	Blowing Rock, NC	1:00:12.5
419	Tibbett, Debi	W42	Vilas, NC	1:00:13.5
420	Eberle, Wayne M.	M28	Hudson, NC	1:00:14.0
421	Burleson, Sheila	W39	Boone, NC	1:00:19.2
422	Todd, Susanne	W40	Charlotte, NC	1:00:20.2
423	Toward, Cindy	W48	Lakeland, FL	1:00:23.2
424	Horton, Shawn	M33	Boone, NC	1:00:24.3
425	Stinson, Jeannie	W38	North Wilkesboro, NC	1:00:26.9
426	Stone, Keith	M45	Winston-Salem, NC	1:00:28.7
427	Billing, Chuck	M54	Boone, NC	1:00:30.6
428	Deal, Jim	M55	Boone, NC	1:00:31.1
429	Kurland, Jeff	M63	Miami, FL	1:00:36.3
430	Carter, Lee	M53	Linville, NC	1:00:38.7
431	Byrd, Brittany	W15	Hudson, NC	1:00:39.0
432	Forsyth, Belinda	W45	Boone, NC	1:00:44.5
433	Kuehnert, Daniel	M49	Morganton, NC	1:00:45.8
434	Creed, Bobby	M29	Blowing Rock, NC	1:00:47.8
435	Mayberry, Lauren	W24	Wilkesboro, NC	1:00:51.3
436	Ferguson, Martha	W34	Charlotte, NC	1:00:52.2
437	Marsh, Lesley	M48	Boone, NC	1:00:52.9
438	Seevers, Casey	W32	Morganton, NC	1:00:56.3
439	Harris, Leroy	M50	Hickory, NC	1:00:57.1
440	Edwards, Cheryl	W37	Chapel Hill, NC	1:00:59.5
441	Sharpe, Jason	M32	Hickory, NC	1:01:00.3
442	Gravelly, James	M50	Morganton, NC	1:01:03.2
443	McKeown, J. Wiley	M30	Charlotte, NC	1:01:03.9
444	Ellis, Bobby	M50	Boone, NC	1:01:05.4
445	Farmer, Tyler J	M28	Wilson, NC	1:01:09.3
446	Neal, Julie	W38	Sugar Grove, NC	1:01:10.1
447	Phillips, Larry	M52	Jefferson, NC	1:01:11.0
448	Warren, Loyce	W40	Boone, NC	1:01:12.1
449	Stella, Robyn	W42	Hudson, NC	1:01:14.7
450	Schoenacher, Naren	M31	Brevard, NC	1:01:15.8
451	Hatcher, Parker	M12	Winston-Salem, NC	1:01:16.2
452	Hatcher, David	M46	Winston-Salem, NC	1:01:16.6
453	McIlwain, John	M35	Jonesborough, TN	1:01:19.3
454	Maddox, Ryan	M11	Boone, NC	1:01:22.9
455	Costner, Virginia	W40	Lincolnton, NC	1:01:25.1
456	Horine, Joni	W40	Boone, NC	1:01:26.4
457	Tiller, Jeff	M52	Boone, NC	1:01:35.1
458	Adkins, Patti	W45	Butler, TN	1:01:36.6
459	Condado, Debbie	W37	Jonas Ridge, NC	1:01:39.8
460	McGrath, Greg	M54	Winston-Salem, NC	1:01:39.9

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Linville, NC - Thursday 07/08/04

COMPLETE RESULTS - ALL ROUNDS

Men & Women 5 Mile Run (Continued)

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
461	Edwards, Jon	M40	Chapel Hill, NC	1:01:41.1
462	Kastl, Scott	M39	West Jefferson, NC	1:01:41.6
463	Mayhew, Sara	W47	Boone, NC	1:01:42.0
464	Masterson, Jane Ellen	W47	Grady, AL	1:01:42.7
465	Burkle, Lauren	W20	Boone, NC	1:01:43.1
466	Crewson, Joan	W50	Winston-Salem, NC	1:01:52.3
467	Warwick, Allen	M59	Hampstead, NC	1:01:57.1
468	Gudger, Harrison	M62	Asheville, NC	1:01:57.4
469	Jacobs, Kathy	W51	High Point, NC	1:01:59.5
470	Cottingham-Kell, Frances	W43	Boulder, CO	1:02:02.4
471	Graff, Elissa	W34	Boone, NC	1:02:04.9
472	Clontz, Keith	M47	Nebo, NC	1:02:06.2
473	Powers, Rick	M48	Hillsville, VA	1:02:11.6
474	Ward, Steve	M36	Nebo, NC	1:02:13.7
475	Lineberry, Tim	M50	Hillsville, VA	1:02:15.6
476	Kady, Wendy	W34	Weaverville, NC	1:02:16.4
477	Gerber, Angela	W35	Asheville, NC	1:02:22.3
478	Shepard, Sarah	W20	Condor, NC	1:02:24.2
479	Grasinger, Lauren	W14	N. Canton, OH	1:02:25.6
480	Scherock, Deanna	W36	Morganton, NC	1:02:34.0
481	Patton, Art	M65	Hickory, NC	1:02:49.4
482	Bowman, Erica	W16	Taylorsville, NC	1:02:53.6
483	Hudgins, Jill	W26	Durham, NC	1:02:54.1
484	Hudgins, Daniel	M59	Durham, NC	1:03:01.9
485	Harris, Jerry	M64	Durham, NC	1:03:02.9
486	Short, Tricia	W40	Pineola, NC	1:03:03.8
487	Murphy, Brian	M52	Baltimore, MD	1:03:05.0
488	Schowalter, Linda	W58	Hickory, NC	1:03:05.5
489	Salthouse, Burton	M18	Morganton, NC	1:03:05.7
490	Hayes, Jamie	W37	Morganton, NC	1:03:08.7
491	Whelan, Sherri	W46	Blowing Rock, NC	1:03:09.6
492	Moore, Bencita	W37	Boone, NC	1:03:10.0
493	Toward, Ron	M50	Lakeland, FL	1:03:10.8
494	Wilcox, J. Michael	M50	Boone, NC	1:03:16.8
495	Aramini, Guy	M40	Reidsville, NC	1:03:24.0
496	Keck, Robert	M40	Reidsville, NC	1:03:24.6
497	Hiatt, Ryan	M24	San Diego, CA	1:03:31.9
498	Hall, Mimi	W46	Boone, NC	1:03:33.9
499	Bell, Nancy	W68	Hickory, NC	1:03:37.4
500	Schowalter, Paul	M63	Hickory, NC	1:03:46.4
501	Bowman II, Gary M.	M37	Fancy Gap, VA	1:04:01.6
502	McBride, Travis	W40	Boone, NC	1:04:02.1
503	Powell, Wesley	M19	Waynesville, NC	1:04:03.6
504	Long, Avizia	W19	Marion, NC	1:04:17.8
505	Long, Jr, W.E.	M46	Marion, NC	1:04:21.3
506	Presnell, Mike	M41	Boone, NC	1:04:22.2

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 Linville, NC - Thursday 07/08/04

COMPLETE RESULTS - ALL ROUNDS

Men & Women 5 Mile Run (Continued)

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
507	Powell, Ginger	W25	Boone, NC	1:04:22.8
508	Davant, Charles	M58	Blowing Rock, NC	1:04:33.8
509	Kress, John	M56	Crossnore, NC	1:04:34.8
510	Haizlip, Thomas	M37	Banner Elk, NC	1:04:40.5
511	Layton, Bill	M53	Summerfield, NC	1:04:41.8
512	Sopel, Jeff	M35	Charlotte, NC	1:04:44.4
513	McLaughlin, Amy	W29	Huntersville, NC	1:04:46.8
514	Chambers, Emily	W26	Boone, NC	1:04:55.4
515	Ladd, Mark	M39	Mount Olive, NC	1:05:02.1
516	Honeycutt, Gwen	W44	Blowing Rock, NC	1:05:02.8
517	Fusco, Wendy	W47	Boone, NC	1:05:03.8
518	Wilson, John	M57	Mt. Pleasant, SC	1:05:07.6
519	Anonson, Mike	M39	Hickory, NC	1:05:08.3
520	Mlotkowski, Devorah	W52	Lenoir, NC	1:05:24.6
521	Smolka, Jim	M41	Hickory, NC	1:05:41.4
522	Patterson, John	M30	Boone, NC	1:05:46.3
523	Holland, Carolyn	W48	Linville, NC	1:05:55.9
524	Albright, Ben	M50	Siler City, NC	1:06:00.6
525	Kress, Elizabeth	W45	Crossnore, NC	1:06:05.1
526	Parmiter, Scott	M38	Statesville, NC	1:06:09.9
527	Smith, Serena	W51	Banner Elk, NC	1:06:13.0
528	Sheffer, Paul	M59	Lawrenceville, GA	1:06:19.7
529	Wolter, Scott	M35	Boone, NC	1:06:25.9
530	Smith, Gretchen	W57	Temple Terrace, FL	1:06:30.2
531	Simmons, Lisa	W41	Linville, NC	1:06:32.3
532	Caudell, Virginia	W24	Farmville, NC	1:06:50.8
533	Quinlan, Ann	W41	Banner Elk, NC	1:06:57.6
534	Goulds, Meleah	W49	Lenoir, NC	1:07:09.2
535	Talley, Brandy	W31	Blowing Rock, NC	1:07:21.7
536	Bowman, Dan	M43	Taylorsville, NC	1:07:24.4
537	Douglass, Brad	M30	Banner Elk, NC	1:07:29.7
538	Masterson, Michael J.	M51	Grady, AL	1:07:33.0
539	Harris, Jason	M31	Ocala, FL	1:07:47.5
540	Bunton, Steve	M46	Reidsville, NC	1:08:04.7
541	Clark, Daniel	M13	Asheville, NC	1:08:08.2
542	Ireland, Rob	M39	Blowing Rock, NC	1:08:09.5
543	Fuller, Annie	W14	Deep Gap, NC	1:08:10.2
544	McLean, Bridgette	W13	Boone, NC	1:08:11.9
545	Fogleman, Vickie	W46	Aberdeen, NC	1:08:18.3
546	Bradshaw, Deborah Ann	W49	Lenoir, NC	1:08:36.2
547	Beasley, Susan	W47	Boone, NC	1:08:37.5
548	Gilliam, Shelby	W10	Boone, NC	1:08:39.8
549	Gilliam, Kelly	W35	Boone, NC	1:08:40.3
550	Griffith, Robert	M40	Minneapolis, NC	1:08:50.0
551	Zartman, Tom	M50	Montezuma, NC	1:08:52.6
552	Collette, Chris	M28	Hickory, NC	1:09:00.7

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COMPLETE RESULTS - ALL ROUNDS

Men & Women 5 Mile Run (Continued)

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
553	Collette, Bob	M55	Hickory, NC	1:09:01.3
554	Hollifield, Paula	W32	Spruce Pine, NC	1:09:59.5
555	Miller, Mariea	W33	Spruce Pine, NC	1:10:00.7
556	Johnson, Jamie	M33	Montezuma, NC	1:10:22.1
557	Lockwood, Terri	W37	Boone, NC	1:10:34.9
558	Baldwin, Deborah	W13	Boone, NC	1:10:39.8
559	Lomax, Renee	W37	Denton, NC	1:10:44.1
560	Coleman, Celinda	W40	Winston-Salem, NC	1:10:45.2
561	Hendren, Annette	W35	Moravian Falls, NC	1:10:47.8
562	Woodruff, Don	M55	Charlotte, NC	1:10:50.1
563	Teague, Shirley	W46	Zionville, NC	1:10:57.3
564	Shelton, Stella	W41	Vilas, NC	1:10:58.2
565	McKinney, Verna	W34	Vilas, NC	1:10:58.8
566	Sparks, Jill	W35	Boone, NC	1:11:14.4
567	Carrington, Lori	W39	Blowing Rock, NC	1:11:28.5
568	Garlock, Scott	M18	Vilas, NC	1:11:32.8
569	Sherman, Gail	W52	Asheville, NC	1:11:46.0
570	Crabtree, Donna	W36	Rosedale, VA	1:12:03.9
571	McCallum, Andrea	W30	Columbia, SC	1:12:04.8
572	Head, Joe	M56	Marion, NC	1:12:05.8
573	Gray, Tammy	W49	Johnson City, TN	1:12:38.4
574	Latendresse, Diana	W53	Boone, NC	1:12:43.5
575	Wood, Shannon	W34	Boone, NC	1:12:45.1
576	Kenny, Tom	M55	Boone, NC	1:12:45.6
577	Biribuze, Eric	M	Hickory, NC	1:12:46.3
578	Tomko, John	M62	Jonesborough, TN	1:12:51.1
579	Henline, Frances	W46	Crossnore, NC	1:13:10.1
580	Castiglia, Franny	W61	Banner Elk, NC	1:13:16.5
581	Petrellis, Frank	M55	Kissimmee, FL	1:13:26.9
582	Bauer, Sheila	W41	Linville Falls, NC	1:13:27.4
583	McGuire, Chastity	W28	North Wilkesboro, NC	1:13:28.8
584	Petrellis, Clarice	W55	Kissimmee, FL	1:13:38.5
585	Grubbs, Howard	M58	Blowing Rock, NC	1:13:40.3
586	Rigdon, Don	M55	Banner Elk, NC	1:13:45.7
587	Billing, Maggie	W10	Boone, NC	1:13:53.2
588	Keck, Sheryl	W41	Reidsville, NC	1:14:01.0
589	Kofalt, Jim	M61	Linville, NC	1:14:18.5
590	Moltz, Marguerite	W50	Blowing Rock, NC	1:14:59.6
591	Smith, Mark	M46	Denton, NC	1:15:02.9
592	Simpson, Elizabeth	W48	Boone, NC	1:15:03.9
593	Phillippe, Robert W.	M17	Alpena, AR	1:16:51.2
594	Johnson, Paula	W31	Winston-Salem, NC	1:16:59.9
595	Byerly, Beth Ann	W39	Newland, NC	1:17:01.3
596	Phillips, Jake	M 9	Raleigh, NC	1:17:19.8
597	Phillips, Kathy	W48	Raleigh, NC	1:18:00.4
598	Duncan, Vern	M62	Prince George, VA	1:18:54.0

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COMPLETE RESULTS - ALL ROUNDS

Men & Women 5 Mile Run (Continued)

Finals - Results - Thursday 07/08/04

PLACE	ATHLETE NAME	AGE	HOMETOWN	TIME
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599	Burke, Jack	M63	Jonas Ridge, NC	1:19:18.5
600	Kraus, Ingrid	W58	Boone, NC	1:19:45.5
601	Cook, Autumn	W11	Boone, NC	1:19:47.3
602	Mauney, Austen	M	Boone, NC	1:20:16.4
603	Mamola, Claire	W63	Boone, NC	1:20:17.6
604	Cook, Pam	W38	Boone, NC	1:20:23.0
605	Williams, Roger	M59	Pilot Mountain, NC	1:22:29.2
606	Cooper, Rhea	W60	Morganton, NC	1:24:12.6
607	Hoss, Brenda	W50	Roan Mountain, TN	1:25:13.4
608	Hickok, Linda	W51	Banner Elk, NC	1:25:17.5